

Lee Milteer's Millionaire Smarts® Coaching Program
Attract Money Now for Entrepreneurs
Lee Milteer interviews Dr. Joe Vitale

IV. Ask for Help

Dear Millionaire Smarts® Members,
This is the last of our reports for this month on the book Attract Money Now by Dr. Joe Vitale. I hope you have already taken the time to download your free book at our membership site.

Dr. Vitale shares his 7 step program for you to use this blueprint for breaking free from debt, lack, struggle, and fear. Joe went from a homeless nobody to a multimillionaire celebrity and he says if he can do it you can do it!!! This book is both a spiritual and practical system that I have personally used, along with many of my wealthy associates. I know it works so open your mind to new opportunities and views of life and give it a try!

The following is a small except from the book Attract Money Now by Dr. Joe Vitale and you are allowed to use it for personal use only. Enjoy!!

ASK FOR HELP

DONALD TRUMP ENCOURAGES YOU to "Think BIG." Everyone should. I know I do. So should you. I've had many dreams along my journey. During the early years I stood in the way of those dreams. It wasn't just my old beliefs that stood in my way – it was also my attitude. It was me against the world! I could do anything. I was Mister Macho.

Back when I was struggling in Houston, I became determined to be a published author. I could do it – I knew I could—and I could do it myself. I didn't need anyone's approval or help. I was the captain of my own ship – just the way I wanted it – just as I had learned from authors like Jack London and Ernest Hemingway. I thought of myself as the Lone Ranger. All I needed was a horse and a pair of six shooters, and I was good to go. But I didn't realize that this attitude was preventing me from achieving my goals.

Something eye-opening happened one day. I heard the term 'Lone Ranger Syndrome' at a networking seminar, presented by Donna Fisher and Sandy Vilas. They pointed out that I was just one person and if I continued with the attitude that I could do everything myself, then I wasn't going to accomplish much. I had always felt that asking for help was a sign of weakness. But Donna asked, "When somebody asks you for help, how do you feel?"

I admitted that I like being asked for help. I enjoy helping others. It makes me feel good and even honored, that they would think I could help them with their problems. When I didn't ask others for help, I was denying those feelings and preventing others the opportunity to feel good. From that day on, I started asking for help. **This is the fourth step to attracting money into your life: you must ask for help.**

Ask anyone who is in a position to help you. When you think about asking for help to reach your goals, there are two levels to asking.

ASK AND YOU SHALL RECEIVE

The first level of asking is spiritual. In time, I got off the street and was no longer living in poverty. But I was still dealing with a mountain of bills. Your problems don't disappear instantly just because you decide to think differently. It takes work and patience. I was making progress. I was still struggling to keep my household afloat. Those were tough times and we've all been there.

I remember having a huge stack of bills sitting on my bedroom desk. I would lie in bed, see the bills and cringe. I had no way to pay them. I kept them stacked in the order they were due. Maybe you do this too. It makes you feel like you're doing something, even though you cannot pay them. I would lie in bed wondering, "What am I going to do?" I believed I had no options with nowhere to turn. So I did the only thing I could – I prayed.

I asked God for help. It makes no difference what your beliefs are – praying to a higher power helps tremendously. You can ask the Divine, God or Spirit for help. I told the Divine, "I can't do this. I can't pull it off. I don't see what I'm missing, I don't see the opportunities. I don't see where I'm going to earn, receive or attract any money. Please help me." Asking for help accomplishes two things. First, it opens the pathway to receive. You're telling the universe that you're ready and open to new opportunities, as well as accepting help to meet your goals. Prior to praying, I wanted to do everything myself, so I wasn't open to receiving or identifying any possible opportunities. My mind and heart were closed.

Asking for help also allows you to release some of your stress. I know when I ask the Divine for help, it frees my mind to go on with what I need to do rather than obsessing or focusing on the same old problem. It lowered my stress. I know that once I started asking for help, I didn't spend nearly as many sleepless nights staring at that pile of bills. I could finally sleep because I believed that I was going to receive help – and I did.

The idea is to ask for help from a higher source. Then let go of your stress and have faith your prayer will be answered. Finally, take inspired action on the ideas you receive and the opportunities that come your way. Ask and act.

Decide how you want to approach the Divine. It's important that you make this connection and allow the Divine to help you. You must ask over and over in a way that's spiritually correct for you. This force can see the big picture – your ego can't. When I was struggling, my ego was standing in the way and I had to ask for help to move forward. Because my mind refused to see the path, I had no idea there were so many different ways I could attract money. I missed out. Now money flows to and through me from so many unexpected avenues that I can't even keep up with them all. I'm constantly surprised and thrilled when a new flow of money appears in my life. This is all due to the fact that I continue to ask.

I always make time to ask. It's easy to forget or let it go. I like to spend time in my hot tub each night. This is my gratitude time. It's when I communicate with the universe and say things like, "I'm working on this particular problem and I don't know how to resolve it."

I ask for help and guidance so I can get on the right path. This type of asking also comes with responsibility. When I am shown the way, I get on that path and take action. This was one of the holdups for me early in the game. I had my mind focused on the idea that I could only receive money from certain places. When other sources showed up, I was reluctant to act and missed out. I'm stubborn, but I learned that following my gut feelings or intuition is always the right move. If I get the feeling to call a particular person, buy a certain book, blog about an unusual subject, I do it right away, without questioning why.

TAKE-AWAYS

- Asking for help is the fourth step for attracting money into your life.
- The first level is asking the Divine for help.
- The second level of asking is getting help from others.
- Asking opens the pathway to receive and releases the stress and pressure.
- When you are given a path, you need to get on it and take inspired action right away.
- A mastermind group is a like-minded support team whose purpose is to help the members of the team.

ACTION STEPS

- Pray in whatever way is comfortable for relief from your money concerns.
- Make a list of people who could help you attract money now.
- Contact each person with a respectful request.

Wishing each of you massive prosperity and success
Blessings and Love
Lee Milteer

P.S.: This month we have the Optimist Creed that can be printed out and Dr. Joe Vitale's Attract Money Now book for you to download at the Millionaire Smarts® Membership Site. Plus, we have fantastic Bonus Faculty Reports for you. Go to the membership site today and get them! The membership site materials change on the first day of each month. Go to <http://www.milteer.com>. Under Coaching Login (left side of page) put in Your **September CODE: 4872.**

P.S.: We would like to invite all of you to join my FREE WEEKLY Untamed Success Newsletter, which has content you can republish in YOUR newsletters. Sign up on the front page of my website.

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