

THE OPTIMIST CREED

ORIGINALLY PUBLISHED IN 1912 in a book titled *Your Forces and How to Use Them*, this famous creed by Christian D. Larson is worth reading every morning and evening.

PROMISE YOURSELF...

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness, and prosperity to every person you meet.
- To make all your friends feel that there is something worthwhile in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful expression at all times and give a smile to every living creature you meet.
- To give so much time to improving yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.
- To think well of yourself and to proclaim this fact to the world, not in loud word, but in great deeds.
- To live in the faith that the whole world is on your side, so long as you are true to the best that is in you.